

Learning Guide

Arm Venous Blood Collection Skills

Aim: At the end of this training, the participant will be able to apply the skill steps correctly and in sequence. will be able to move easily from step to step.

Tools: Injector, alcohol wipes, cotton wool, gloves, treatment tarp, tourniquet

STEPS

1. Hand washing
2. Introducing yourself to the patient
3. Informing the patient about the procedure
4. Observing the patient's verbal and nonverbal reactions to the application
5. Obtaining informed consent from the patient
6. Care for patient confidentiality
7. Appropriate positioning of the patient
8. Putting the treatment tarp under the designated area
9. Putting on gloves
10. Telling the patient to start the procedure
11. Determining the vein to be used
12. Tying the tourniquet 7-10 cm above the vein to be intervened so as not to obstruct arterial blood flow
13. Wiping the intervention area from top to bottom with an alcohol wipe
14. Opening the injector cover
15. Supporting the arm with the passive hand and stretching the skin by pulling the skin downwards under the area to be intervened with the thumb
16. Entering the vein 1 cm below the area to be entered, first entering the skin with an angle of 30-45° parallel to the vein and then entering the vein with an angle of 150°
17. Passive manual withdrawal of the injector plunger to check that the vein has been entered
18. If entered into the vein, passive hand release of the tourniquet
19. After drawing the appropriate amount of blood, withdraw the syringe at the same angle and speed while pressing with dry cotton wool
20. Pressing the injection site with cotton wool
21. Disposing the syringe in the sharps infected waste bin without closing the protective cap of the syringe needle
22. Observing the verbal and non-verbal reactions of the patient at the end of the application
23. Dispose of used materials in the appropriate garbage bag (medical waste bag)
24. Removing gloves
25. Hand washing