

## Washing Hands

**Aim:** At the end of this training session, participants should overpass the steps easily by performing the steps of the skill correctly and timely

**Tools:** Liquid soap, paper towel

### STEPS

1. Fold your sleeves and take off watch, ring, etc.
2. Put some liquid soap in your hands
3. Turn on the tap
4. Soap your hands
5. Turn off the tap and scrub your hands with the suds
6. Scrub your interfingers by clasping your hands
7. Scrub your wrists
8. Turn on the tap and rinse the soap off your hands
9. Pour water on the tap and turn off the tap
10. Dry your hands with the paper towel.