#### MODALS (PRESENT)

### Dialogue 1

Context: Checking in at the airport and going through airport security.

Tom: Hi Lisa, are you ready for our trip?

Lisa: Hi Tom, yes, I am. I'm so excited about our honeymoon and my first time flying.

Tom: Me too. It's going to be awesome. But first we have to check in at the airport and go through airport security.

Lisa: Oh, right. How do we do that?

Tom: Well, we can check in online or at the kiosk. It's faster and easier than waiting in line at the counter.

Lisa: OK, let's do that. Can you show me how to check in online?

Tom: Sure, no problem. You just need your confirmation number and your passport. Here, look at my phone. You just enter your information and choose your seat.

Lisa: Oh, I see. That's simple. Can I choose a window seat?

Tom: Of course you can. You can choose any seat that is available.

Lisa: Great. I like to look at the view from the window.

Tom: Me too. It's beautiful. OK, we're done with checking in. Now we have to print our boarding passes or save them on our phones.

Lisa: OK, let's print them. I don't want to risk losing my phone or running out of battery.

Tom: Good idea. Let's go to the kiosk and print them. It's over there.

Lisa: OK, let's go. What about our luggage? Do we have to check it in too?

Tom: Well, that depends on the size and weight of your luggage. If it's small and light enough, you can carry it on the plane with you. If it's big and heavy, you have to check it in at the baggage drop-off area.

Lisa: I see. How do we know if our luggage is small and light enough?

Tom: Well, you can check the airline's website for the size and weight limits. Or you can use this scale and this measuring tape here to check your luggage.

Lisa: OK, let's do that. Hmm, it looks like my luggage is too big and too heavy. I have to check it in.

Tom: Don't worry, it's not a big deal. You just have to pay a small fee and put a tag on your luggage. Then you can drop it off at the baggage drop-off area.

Lisa: OK, I can do that. What about your luggage? Is it small and light enough?

Tom: Yes, it is. I can carry it on the plane with me. I packed lightly because I don't want to carry too much stuff around.

Lisa: That's smart of you. I wish I could do that too.

Tom: Maybe next time you will. OK, we're done with checking in our luggage. Now we have to go through airport security.

Lisa: Oh, right. How do we do that?

Tom: Well, we have to show our boarding passes and our passports to the security officer. Then we have to put our carry-on luggage and any metal items on the conveyor belt for scanning. Then we have to walk through the metal detector or the body scanner.

Lisa: OK, I understand. Is there anything else we have to do?

Tom: Well, sometimes they might ask us some questions or check our luggage more closely. We just have to cooperate and answer politely.

Lisa: OK, I can do that. Is there anything we can't do?

Tom: Well, we can't make any jokes about bombs or weapons or anything like that. That's very serious and they might arrest us for that.

Lisa: Oh, wow. I won't do that then.

Tom: Good. And we also can't bring any liquids or gels more than 100 ml or any sharp objects or flammable items on the plane with us.

Lisa: I see. I don't have any of those things anyway.

Tom: Me neither. OK, we're ready to go through airport security then.

Lisa: OK, let's go then.

### Dialogue 2

## Context: Checking in and checking out at the airport

Jack: Hi Mike, are you ready for our trip?

Mike: Hi Jack, yes I am. I'm so excited to go to Paris with you.

Jack: Me too. It's going to be awesome. But first we have to catch our plane. Do you know when it departs?

Mike: Yes, I do. It departs at 10 a.m. from gate 12.

Jack: OK, good. And do you know when we have to arrive at the airport?

Mike: Well, I think we have to arrive at least two hours before the departure time. That's what the airline recommends.

Jack: I see. So we have to arrive by 8 a.m. then.

Mike: Yes, that's right. But we should arrive earlier than that, just in case there is traffic or a long line at the check-in or security.

Jack: That's true. We don't want to miss our flight. How early do you think we should arrive?

Mike: Well, I think we should arrive by 7 a.m. That way we have enough time to check in, drop off our luggage, go through security, and find our gate.

Jack: OK, that sounds reasonable. How are we going to get to the airport?

Mike: Well, we can take a taxi or an Uber. It's faster and more convenient than taking the bus or the train.

Jack: OK, let's do that. Can you book a taxi or an Uber for us?

Mike: Sure, no problem. I can use my phone app to do that. When do you want me to book it for?

Jack: Well, how long does it take to get to the airport from here?

Mike: It depends on the traffic, but usually it takes about 30 minutes.

Jack: OK, then can you book it for 6:15 a.m.? That way we have some extra time in case there is a delay or a detour.

Mike: OK, I can do that. No problem.

Jack: Thank you very much.

Mike: You're very welcome.

Jack: Do you have everything you need for the trip?

Mike: I think so. I have my passport, my boarding pass, my money, my phone, and my luggage.

Jack: Me too. I think we're ready to go then.

Mike: Yeah, we are. Let's go and have some fun in Paris

## Dialogue 3

# Context: Checking in and checking out at the airport - fear of flying

Interviewer: Hello, I'm David and I'm here with Dr. Smith, who is a psychologist. Dr. Smith, thank you for joining me today.

Dr. Smith: Hello, David. Thank you for having me.

Interviewer: So, Dr. Smith, can you tell me what is fear of flying?

Dr. Smith: Sure. Fear of flying is a type of anxiety disorder that affects many people. It's a fear or phobia of being on an airplane or flying in general.

Interviewer: I see. That sounds very common and serious. How do you know if you have fear of flying?

Dr. Smith: Well, you may have fear of flying if you experience some of these symptoms: nervousness, sweating, trembling, nausea, dizziness, chest pain, difficulty breathing, or panic attacks when you think about flying or when you are on an airplane.

Interviewer: I see. That sounds very unpleasant and uncomfortable. How do you treat fear of flying?

Dr. Smith: Well, there are different ways to treat fear of flying. Some of them are medication, therapy, hypnosis, relaxation techniques, or exposure therapy.

Interviewer: I see. That sounds very helpful and effective. Can you tell me more about relaxation techniques?

Dr. Smith: Sure. Relaxation techniques are methods that can help calm the body and the mind before and during the flight. Some examples are deep breathing, progressive muscle relaxation, meditation, or visualization.

Interviewer: I see. That sounds very interesting and beneficial. How do they work?

Dr. Smith: Well, deep breathing can help slow down the heart rate and lower the blood pressure. Progressive muscle relaxation can help release the tension and stiffness in the muscles. Meditation can help focus on the present moment and reduce the negative thoughts and emotions. Visualization can help imagine a positive and pleasant scenario and feel more confident and relaxed.

Interviewer: I see. That sounds very impressive and soothing. How do you practice these techniques?

Dr. Smith: Well, you can practice them at home or anywhere else where you feel comfortable and safe. You can also use some apps or videos that can guide you through the process. You can practice them regularly or whenever you feel anxious or stressed.

Interviewer: I see. That sounds very easy and convenient. How do you choose the best technique for you?

Dr. Smith: Well, it depends on your preference and your situation. Different techniques may work better for different people or different occasions. You can try different ones and see what suits you best.

Interviewer: I see. That sounds very reasonable and sensible. What if these techniques are not enough to overcome your fear of flying?

Dr. Smith: Well, in that case, you may need to seek professional help from a psychologist or a psychiatrist who specializes in anxiety disorders or phobias. They can assess your condition and recommend other treatments that may be more suitable for you.

Interviewer: I see. That sounds very wise and responsible. Thank you for sharing your knowledge with me today.

Dr.Smith: You're welcome. Thank you for listening to me today.